

Collective Healing Transmission: October 24th 2022

Four Resources

Hello, I'm Darananda, and this is the Collective Healing Transmission for the week of October 24th 2022.

And just at the beginning here, I'll note that we are entering both Scorpio Season as well as this second Eclipse Portal of the year, this week. So these are some of the energies that we're in, and I imagine that this transmission will offer some support with navigating these.

So just settling in here and right at the beginning I'm feeling some opening across the back of the head, the back of the neck, the ears. Supporting the opening and clearing of the inner hearing. Opening more of the neck and the shoulders, coming into the belly, and deep into the womb space, the psoas, the sacral. Another deep opening moving through the back of the neck and down the back, creating more space in the body, in the chest, in the ribs. An arching open across the chest that is both horizontal and a vertical opening. Opening to the fierce heart.

And coming into this center. And if that isn't immediately clear, you can just inquire directly into your experience: *"Where is my center?"*

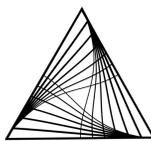
And from that place we can ask for support: *"Divine Wisdom, please center me."*

So as we are moving through a shadowy time, where a lot is likely to get dredged up over the next couple of weeks, staying open to the fierce heart, staying open to the inner hearing, and staying in your center, staying aligned— these are the resources available to you. And we'll add to that: a connection with Earth below.

So, these four resources again: inner hearing, the fierce heart, centered and aligned grounded, and connected with Earth.

And I can just feel clarity and opening moving through the head as we have these resources online. And just remembering to take good care of yourselves this week: time in nature, physical contact, taking a bath— whatever it is for you. Extra, extra attention on your energetic hygiene and wellbeing.

And if you need any support, get in touch. Sending love to each of you



Dara.Energy

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